



Legend:

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| 1. Treadmills (x 7) | 9. Circuit - Leg Press | 17. 3 Way Press Bench |
| 2. Ellipticals (x 9) | 10. Circuit - Lat Pulldown | 18. Smith Machine |
| 3. Recumbent Bikes (x 3) | 11. Circuit - Seated Row | 19. Adjustable Benches (x 3) |
| 4. Upright Bikes (x 2) | 12. Circuit - Assist. Chin/Dip | 20. Dumbbells w/Racks |
| 5. Rowers (x 2) | 13. Circuit - Shoulder Press | 21. Preacher Curl Bench |
| 6. Circuit - Chest Press | 14. Circuit - Pec / Rear Delt | 22. VKR / Dip Station |
| 7. Circuit - Leg Extension | 15. Functional Trainer (x 2) | 23. 45 Deg. Hyperextension |
| 8. Circuit - Seated Leg Curl | 16. Leg Press - Plate Loaded | 24. True Stretch Station |

KINETIC SOLUTIONS

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Date: Jan. 26, 2009
Scale: 1/4" = 3.656' (Approx)